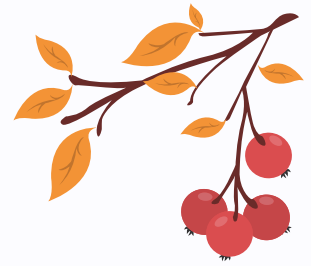




PHANTOM GYMNASTICS NEWSLETTER



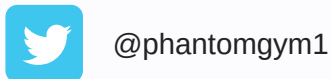
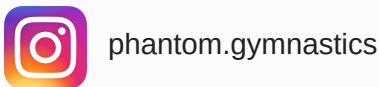
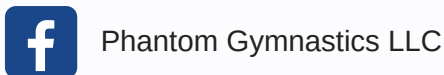
www.phantomgymnastics.com
603-329-9315

We are so excited to welcome new and returning Phantom athletes back for **Session #1!** We are looking forward to an awesome year!

A Few Reminders:

- We are doing 10 week sessions- Session 1 goes through till November 9th.
- The Lobby is for *gymnasts only!* Please enjoy viewing from the windows & bleacher area.
- Check out our new **Phantom Gymnastics App** for updates, registration, billing and more!

Follow us on Social Media!



Birthday Parties at Phantom!

Obstacle courses, gymnastics, open gym, and so much more --- check out our websites for more information and available dates!!

Calendar

- Monday September 2019- SESSION #1 Begins
- Monday October 14, 2019- (Columbus Day) OPEN for all regularly scheduled classes
- Friday October 25, 2019- Preschool Halloween Open Gym PARTY!
- Saturday October 26, 2019- Halloween Open Gym PARTY! (Ages 4 and up)
- Thursday October 31, 2019- (Halloween) NO CLASSES
- Sunday November 10, 2019- NO CLASSES
- Monday November 11, 2019- (Veterans Day) SESSION #2 Begins- OPEN for all regularly scheduled classes
- November 28-December 1, 2019- NO CLASSES- CLOSED for Thanksgiving break

Recreation & Stars Monthly Workout Calendars!

Bring in your completed monthly workout challenge to your coach for a chance to win a prize from the prize box!

Preschool Color Sheets!

See your coach for some fun coloring sheets to follow your gymnastics 'shape of the week'!

Preschool Open Gym

Current Members- \$5
Non-Members- \$10
Pass of 5- \$30

-Friday: 10:15 am - 11:15 am-



School-Age Open Gym

Current Members- \$10
Non-Members- \$15
Pass of 5- \$45

-Friday: 7:30 pm - 9:00 pm-

-Saturday: 1:00 pm - 2:30 pm-

-Sunday: 7:30 pm - 9 pm (Teen-Adult Only)-



Stars Meet Dates:

Stars Meet 1: January 25, 2020

Stars Meet 2: April 4, 2020

Stars Meet #3: June 6, 2020

We will be sizing for stars leotard the first few weeks of Session #1