



2018 NH XCEL STATE CLINIC

Who: All Xcel athletes— Bronze through Diamond

When: Sunday, October 21, 2018. Tentative Session schedule:

- Session 1 Bronze: 8:30-11:30 am
- Session 2 Silver: 12:00-3:00 pm
- Session 3 Gold - Diamond 3:30-7:30 pm

Where: Phantom Gymnastics, Rte 111, Hampstead, NH

Cost: \$40

Registration: This is a 2 step process. First, go to USA Gymnastics, click on member services, club administration and make a new meet reservation. Second, go to meetmaker.com to complete the registration process.

NOTE: All gymnasts and coaches must be currently registered members with USAG to attend. The registration deadline is Oct 15, 2018

COACHES: We need you! The state clinic can only run and be successful with your help! We are looking for coaches to either lead an event or assist. The lead coach at each event will have a short planning discussion before the start of the clinic so everyone knows their role at the event. Please arrive 15 minutes before the start of the clinic you are attending. (Hospitality will be provided for coaches and judges between the sessions).

PLEASE RSVP your availability to Carrie Kiley (topgunacademy@gmail.com) and let her know if you can either lead or assist at an event and the sessions you are available.